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February 7, 2010

Son of Rugged Lark Wins Dressage Show And Receives Register of Merit After Conditioning At The Sanctuary Equine Sports Therapy & Rehabilitation Center

By: Press Release



Larks Home Run, a four-year-old AQHA bay stallion and the son of the famous Rugged Lark, prepares for his dressage shows by training and conditioning at The Sanctuary Equine Sports Therapy & Rehabilitation Center in Ocala.

Ocala, FL (February 5, 2010) – Larks Home Run, a four-year-old AQHA bay stallion and son of the famous Rugged Lark, is following in his sire's hoof prints by earning dressage titles, AQHA points and his Register of Merit. Known as Homer, the young stallion prepared for his success by training and conditioning at The Sanctuary Equine Sports Therapy & Rehabilitation Center in Ocala.

Homer was bred by Carol Harris of Bo-Bett Farms and is trained by Lynn Palm, a Team Rider for The Sanctuary. Under Palm's training, the stallion recently earned the First Level Championship at the Twice

as Nice Dressage at Canterbury Show. The AQHA recently began awarding AQHA points for dressage at recognized shows, so in addition to his dressage ribbons the young stallion also earned AQHA points. Homer also became the first Quarter Horse to receive his Register of Merit, which shows an outstanding performance record, in dressage.

"Homer has very famous lineage, and he certainly lived up to his father's name by placing first in three out of his four classes at the dressage show," said Brenda McDuffee, General Manager of The Sanctuary. "Everyone at The Sanctuary was excited to hear about his achievements as he has been training and conditioning with us."

McDuffee said Homer used the advanced conditioning and rehab facility to recover from the stress of training and to stay in tip-top shape. "The Sanctuary has an Aqua-Pacer underwater treadmill that is used frequently to strengthen hip and back muscles and Homer seemed to thoroughly enjoy his time on the Aqua-Pacer."

Homer also swam in the 110 foot long and 14 foot deep state-of-the-art swimming pool. "Swimming horses serves a two-fold purpose as it either helps horses recover from an injury or it works as exercise for maintaining physical condition," McDuffee said. "Homer used it to maintain physical condition and we were very pleased with his progress."

The Sanctuary offers the latest in technological equipment which is designed to



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The Sanctuary offers the latest in technological equipment which is designed to promote safe and rapid advancement for horses recovering from injury or in need of training. A variety of physical therapy options at The Sanctuary also enables horses to receive the care that benefits them the most. The Sanctuary's skilled staff is thoroughly trained and knowledgeable, with a passion for horses and the desire to see each horse return well rested, fit and ready to perform at the top of his game.

The Sanctuary, located on 30 acres in Ocala, features an Equine Hyperbaric Chamber, Aqua Pacer Water Treadmill, a Cold Saltwater Leg Spa, an Equine Swimming Pool, two Eurocisers and Solariums.

For more information on The Sanctuary Equine Sports Therapy & Rehabilitation Center, visit their website at www.sanctuaryequinerehab.com.

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